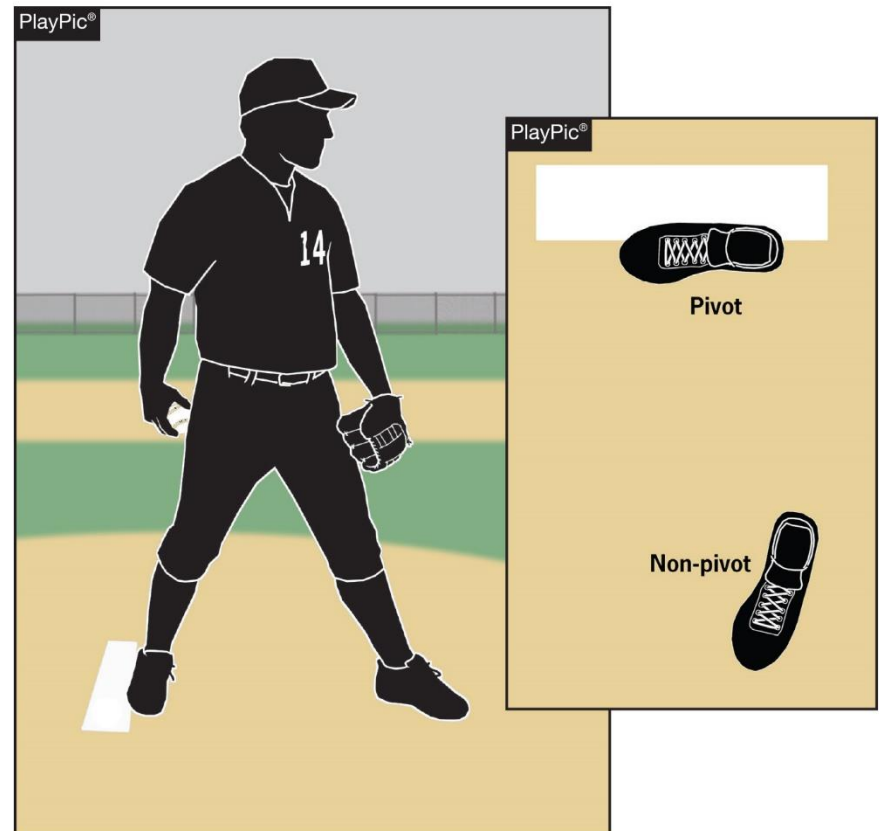


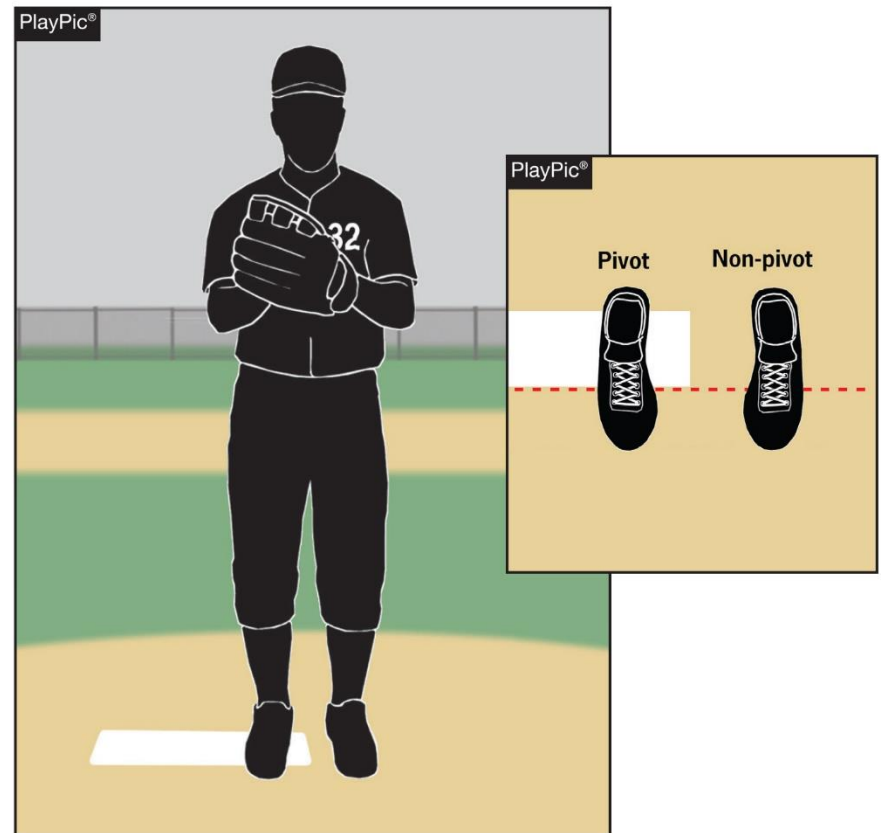
PROPER PITCHING POSITIONS

The set is one of two legal pitching positions. For the set position, a pitcher shall stand with his entire non-pivot foot in front of a line extending through the front edge of the pitcher's plate and with his entire pivot foot in contact with or directly in front of and parallel to the pitcher's plate.



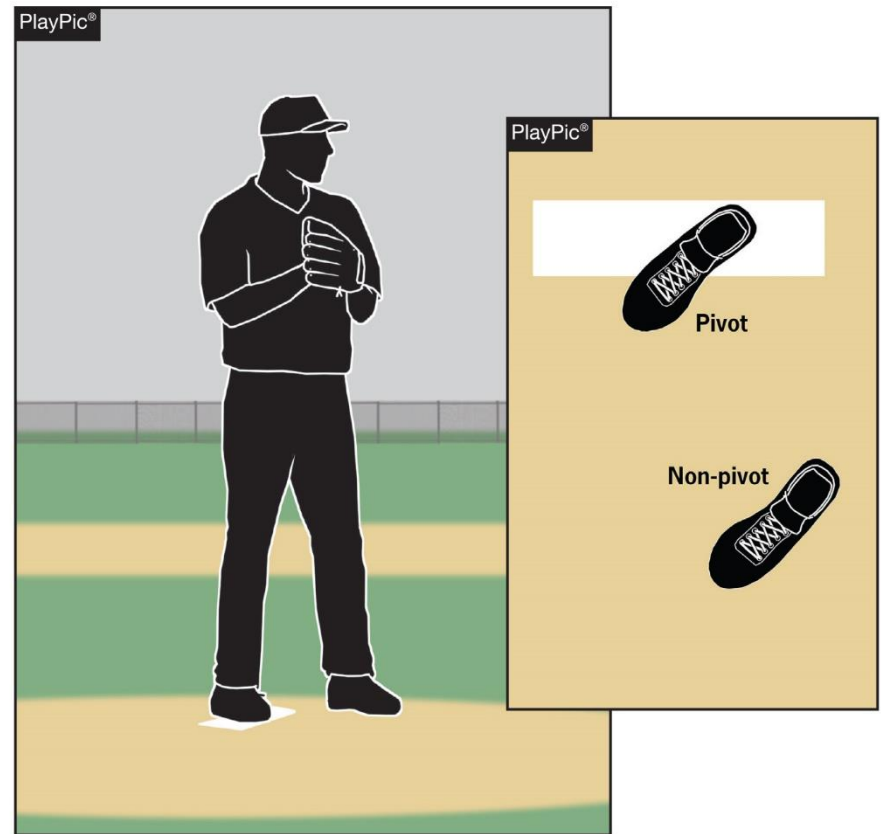
PROPER PITCHING POSITIONS

The windup is the second of two legal pitching positions. For the windup, the pitcher's non-pivot foot shall be in any position on or behind a line extending through the front edge of the pitcher's plate.



PROPER PITCHING POSITIONS

The so-called hybrid stance is illegal as it does not meet the requirements of either the windup or set positions.



ILLEGAL